

Information COVID-19 and safely to the dance class at Damoves



Background

Damoves Peuter- en Kleuterdans is an activity that is difficult to classify in the activities mentioned by the government when it comes to reopening. We are not a sports activity, we are not a childcare and we are not a gym. In the past week we have turned to various authorities and the Gemeente Amsterdam to get approval. You actually can't get official approval as such, but fortunately common sense principles apply.

However we think ourselves that the dance classes for children from 2-6 year old should be possible again, for the time being we didn't get a GO yet. With pain in our hearts, we have to wait for additional -and hopefully released- guidelines from the government. That is also very frustrating for us, but you I'm sure understand that this is beyond our control. We will keep you updated as usual, and as soon as we know more!

We already have drawn up a protocol to ensure that the children, parents and teachers are as safe and looked after as responsibly as possible at our class locations.

The points that are important for parents are as follows:

For parents:

- Only come to the lesson which your child is signed up for

You will receive the lesson confirmation with the location and lesson time of your child by e-mail the week before we open again. Catch-up classes are not possible in June; if you are unable to come, please let us know and we will carry forward your missed class to the next class period.

- Wash your hands often and well

At all locations there is a place to wash or disinfect your hands upon arrival - we will show this to all parents and children.

There are one (Munganga, Matka) or two (Kinderkookkafé, Studio Damoves, Studio van Leeuwen, Villa Randwijck) hand washing points. There is a soap dispenser and paper towels at every location. Wash or disinfect your child's hands before class. Wash your child's hands after class if you like.

- Keep 1.5 meters distance from the other parents

Give each other space. You will have 5 minutes to help your child get changed so that you can leave the dance studio quickly.

- Keep 1.5 meters away from the teacher

The teacher will wait for your child in the circle and your child will receive a sticker to sit on as usual. Take your child to the teacher, keep 1.5 meters away and let your child walk to the teacher. Prepare your child for this, but do not force and push it too much - let them go at their pace. Then please leave straight away.

- Children amongst each other do not have to keep a distance of 1.5 meters. Children (aged 2-6 years) and the teacher will as much as possible keep 1.5 meters distance, but they do not have to.

As always, we will make the children feel comfortable especially on arrival and saying goodbye. We have adjusted the lesson plans to "solo dancing" as much as possible. But there may be some physical contact.

- Handle non-urgent matters by e-mail or telephone with the office

Do you want to ask something that is not urgent to know for the lesson? Send us an email or give us a call!

- Come alone - don't bring school-aged brothers and sister; no parents waiting in the building during class.

Siblings who go to school can wait outside on the sidewalk.

- Strollers are not allowed inside.

Bacteria on strollers can cause contamination and they take up unnecessary space. Strollers can be parked in front of the studio while your child gets changed. For baby brothers and sister, carry them as much as possible in a baby carrier.

- If possible, don't come by public transport.

Come to the location by (cargo) bike or on foot. The distance to the dance studio is probably not far, so avoid public transport.

- Go to the toilet at home beforehand.

The toilets are only available for teachers and children.

- Have children get dressed at home for their dance class, so getting changed, drop-off and pick-up are as short as possible.

Avoid overly lavish outfits with wings and or feathers. There is enough space to change and we can use the dance floor if needed (please not with outside shoes). Ballet shoes are compulsory for the children.

- Clothes go in a bag on the coat rack.

Make sure you have a bag with you to store your child's clothes and hang it on the coat rack. This is to prevent contamination through clothing.

- Leave the lesson location once you have handed your child over to the teacher.

Do not stay at the lesson location, leave straight away and prepare your child for it. Be assured it is our priority to make your child feel safe and comfortable. All our teachers are experienced in helping children who feel unsure or uncomfortable. Don't worry about this. Be confident - your child will feel it and it will make them feel more confident too. As always, we will call you if it really doesn't work.

- Be available by telephone during class.

- Stay at home if you or your child have symptoms or if someone in your house has symptoms.

Cold (nose), sneezing, sore throat, mild cough, raised temperature (to 38 degrees) or fever (from 38 degrees) and/or shortness of breath.

- Stay at home if you or your child, or someone in your house has tested positive for COVID-19 (14 days); if you have had COVID-19 (seven days after the lab test result); or while you are in home isolation (after direct contact with someone who has been diagnosed with COVID-19).

- If you are concerned about your own home situation or a situation in the dance studio, please discuss this with the office.

- Always follow the teacher's instructions.

At the class location:

- We will have a staggered drop-off time. All classes will be 10 minutes shorter to allow time for group changeover without overlap.

This gives us a little more time to have children collected, to clean the studio, and to welcome the next group. Being on time to pick up your child is really important - we can only let in the next lesson when all the children have been picked up. Between the lessons, the dance floor will be cleaned and surfaces will be wiped with disinfectant wipes. So please take just five minutes to help your child get changed, make your goodbye short and sweet, and we will see you again the following week!

- One-way traffic applies at all locations, indicated by arrows. The entrance is also an exit in some locations, where people leaving the building have priority.

Follow the arrows. In the Kinderkookkafé and Studio Damoves there is a separate entrance and exit. At the other locations, we need to give each other space to walk in and out.

- The students are let in/out of the room by the teacher.

This will prevent everyone touching the door handles.

- Rules are visible on a poster.

- The studio's house rules continue to apply.

Be on time. Afterwards, wait until the teacher opens the door. Don't take photos or videos of other children without the permission of the other parents. Don't give your child or other children sweets or biscuits because of the possibility of allergic reactions. Ballet shoes are mandatory.

- Above all: use your common sense.

Everyone's health comes first; then dancing fun!

Adjusted group size if necessary

To avoid crowds in the dance studios, we have a maximum of 12 peuters and 14 kleuters per lesson. It won't happen often, but this may mean your child will be in an earlier or later time slot, so pay attention to this in the lesson confirmation email!

Trial lessons and new students

We do not place more than two new students per lesson. We have a separate protocol for new students, which we send to their parents and explain it to them over the phone.

We will continue to follow these rules for as long as needed. We do this for everyone's safety and rely on your unconditional support! We are ready, but we will have to wait a little bit longer...